



# Penny Mavor

## Associate Consultant (Italy)

Penny draws her expertise, experience and energy from working in sustainable development and leadership development across multiple sectors in New Zealand, the United Kingdom and Italy. Since 2009 she has been based in Rome, where she also writes on and studies mindfulness in business.

The eclectic mix, an interest in combining her experience with academic rigour and with a passion in developing others from a strong value base, means Penny is a natural fit in the TPC team.

A keen adventurer, Penny loves to go exploring in nature and cities. She enjoys keeping active through running and walking, and undertaking more creative pursuits, such as writing, film and improving her Italian.



### Specialist areas

- One-to-One Coaching
- Leadership development
- Team development/Team Coaching
- Emotional intelligence
- Cultural intelligence
- Mindfulness

### Selection of Penny's Client Experiences

- Pfizer - Design and delivery of Emotional Intelligence seminars
- Civil Protection Authority and Scuola Superiore Sant' Anna – Stress Management workshops
- Imperial College Healthcare Trust - Leadership programmes and 1:1 coaching
- Southdowns NHS Trust - Leadership programmes and 1:1 coaching
- Nestle - Leadership programmes
- DSM - Leadership programme and coaching
- Ericsson – Management programme and executive 1:1 coaching